

**Intro:**

**The Lord our God, Maker of heaven and earth is our eternal and ever-present Helper who consistently and continually keeps us.**

**I. “The Lord is My Helper” (vs. 1-2):**

**II. “The Lord is Israel’s Keeper” (vs. 3-4):**

**III. “The Lord is My Keeper” (vs. 5-6):**

**IV. “The Lord is My Keeper Now and Forever” (vs. 7-8):**

**Closing:**